

CASCADE CHRISTIAN COUNSELLING ASSOCIATION

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COUNSELLING AGREEMENT

Upon entering into counselling at *Cascade Christian Counselling*, I understand and agree to the following:

CONFIDENTIALITY:

All information obtained during the counselling sessions is strictly confidential between yourself and your counsellor.

There are exceptions when information must be provided with or without your consent, namely:

- a) when the counsellor assesses that you may be a danger to yourself or others;
- b) where there is suspicion of child abuse;
- c) if you are or will be involved in a court case and files are subpoenaed.

As counsellors, we have the legal responsibility to notify the proper authorities under these circumstances.

If your spouse or partner participates in therapy, your counsellor will decide in consultation with you whether the therapy will consist of joint sessions, individual sessions, or a combination of both. Information that comes up during individual sessions can be shared openly during joint or individual sessions, unless specifically requested otherwise.

MISSED APPOINTMENTS AND LATE CANCELLATIONS:

You are responsible for notifying the counsellor at the number listed above at least 24 hours in advance of a scheduled appointment if you need to change or cancel that appointment. *If you do not give 24 hours advance notice to the counsellor, you may be charged a cancellation fee of half the amount you would normally have been charged for attending the appointment.*

FEES:

Payment for telephone counselling is payable by credit card and due 24 hours before each session.

As a non-profit agency (registered charity), we are able to offer a sliding fee scale based on income. No GST is charged. We will attempt to be as flexible as possible in determining your fee and will try very hard to not let fees be the obstacle to your coming in for counselling assistance.

Sessions normally are scheduled for 50-60 minutes. For sessions lasting more than one hour, the fee listed below will be the hourly rate.

<u>Gross Family Income (annual)</u>	<u>Fee per session</u>
\$55,000 and over	\$100.00
\$45,000 - \$55,000	90.00
\$35,000 - \$45,000	80.00
\$25,000 - \$35,000	70.00
\$0 - \$25,000	60.00

After payment has been received for counselling services, our office, upon request, will issue you a receipt for the clinical counselling services provided to you.